

Patient care after scoliosis diagnosis

A year in the life of a scoliosis patient, by Collier and Laurence Orthotics & Prosthetics

Delivery Day!

Fabrication is done and the patient is fit with their brace! The patient is educated on how to don/doff the brace with verbal and written instructions. The patient is then scheduled to return in 2 weeks for a follow up appointment. They are also advised to call us sooner if there are any issues with the brace.



If at any time you are having issues with your brace, call us for adjustments!

“How are things going with your brace?”

We will change out the velcro straps and often we will cut the anterior opening a bit more to allow the patient to tighten the brace more.

The patient will be then ready for the out-of-brace x-rays.

The patient is instructed not to wear the brace for 24 hours prior to the out-of-brace x-rays. We will call in the x-ray order, no appointment needed.

Parents will send us the out of brace images via email. We will review and respond with the results.

The parent/parents are advised to return sooner if needed.

A

If there needs to be more reduction, we will schedule the patient to return for additional padding.

B

If the patient shows a nice reduction, they will be scheduled to return in 4 months.



“What are your questions and concerns?”



2 Week Follow Up

We add paper clips on the brace where the pressure points and push pads are located. This helps us see on the x-ray where the pressure points are located.

The patient will then go to their scheduled appointment for an in-brace x-ray. The order is already called in by us, no appointment needed

The lab will send the x-rays to the parents electronically. Once received, the parents are instructed to email the images to their practitioner. The practitioner will review the x-rays and email the results.

A

If there has not been enough progress for curve reduction, the patient will be scheduled for additional brace adjustments.

B

If the x-rays show a nice curve reduction, there will be no need for adjustments. Patient will be scheduled to come back for a 6 month follow up.

6 Month Follow Up

Always wear a clean, dry and snug fitting shirt under your brace.



“Oh, how you've grown!”



10 Month Follow Up

By this time, the patient is getting close to outgrowing the brace. Each child grows differently, and we like to keep a close eye on them throughout the year.

If there are any issues with the brace, we want parents to call us for an appointment.

If the child has outgrown the brace, we will need a new order and another out-of-brace x-ray.

We will then schedule the patient to come back for scanning, measurements, and pictures.



If your physical therapist provides home exercises, be sure to practice them regularly, it will help you be more comfortable in your brace.